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|  | Helpful  to achieving the objective | Hamper  achieving the objective |
| Internal origin  (attributes of the system) | Strengths   1. Effective Communication Skills: I have gained a lot of experience in presenting information and creating reports, receiving distinctions for coursework presentations. 2. Technical Proficiency: Through my coursework I have experience with various programming languages and other technologies. 3. Professional and Ethical Awareness: I have a lot of experience with laws and codes of conduct, and stakeholder satisfaction. | Weaknesses/Areas for further development   1. Limited Java Experience: I haven’t been exposed to Java and since this is a requirement on the course I will need to develop my skills. 2. Critical Analysis and Decision Making: In my first assignment I got feedback that I hadn’t used enough critical analysis so I would like to develop my writing skills in that area |
| External origin (attributes of the environment) | Opportunities   1. Industry Engagement: I will have more active participation in scientific and professional organisations 2. Sustainability Initiatives: I am not too familiar with this so this is an opportunity to grow in | Threats   1. Rapid Technological Changes: The fast pace of technological advancements requires continuous learning and adaptation, which can be challenging but is possible especially as I work in the IT sector. |